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Weekly resource series for parishioners

Recognising that many of our parishioners can't stomach another sourdough starter or simply don't have the appetite for another project, but may be interested in some accessible and spiritually nourishing resources, we continue to offer parishes Lockdown Light—a weekly series seeking to bring 'light' to this time of lockdown.

Each week, we'll send a few suggestions of resources parishioners can dip into to inspire them during lockdown in the form of parish bulletin notices. Each notice will be provided both in a text-only format and as an image that can be copied and pasted into bulletins.

We hope this small offering will be something to help unite and nourish parishioners, reminding them that while we remain physically separated, we are united through a God who is always present and close to us—especially during difficult times.

Bulletin notice (Week five)

Download a [bulletin notice image here](#) or copy and paste the text below.

Lockdown Light—week five

A weekly series bringing 'light' to this time of lockdown ...

Well and truly done with sourdough starters? Not interested in another DIY project? To help fill the void during lockdown, each week we'll suggest some inspiring content to bring 'light' to this difficult time. Pop on the kettle and check out the recommendations below.

Podcasts for Christian living: How to keep our kids Catholic

In this episode of The Word on Fire show, Bishop Robert Barron and Brandon Vogt discuss what helps children retain their faith into young adulthood. Listen at www.bit.ly/ChristianLiving5

Getting to know your Bible: Science and the Bible: Are they opposed?

Getting Started: In this video, Bishop Robert Barron firmly debunks the common claim that science and religion are diametrically opposed. Watch at www.bit.ly/BibleGettingStarted5a and visit www.reasonfaithscience.com for further resources.

Going Deeper: This video skilfully explores a Catholic understanding of the Book of Genesis' account of creation through a tapestry of voices. View here www.bit.ly/BibleGoingDeeper5

Bulletin notice (Weekly series)

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Lockdown Light—a weekly series

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The Archdiocese is committed to the safety, wellbeing and dignity of all children and vulnerable adults.



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