



Lockdown Light

A weekly series bringing 'light' to this time of lockdown...

Weekly resource series for parishioners

Recognising that many of our parishioners can't stomach another sourdough starter or simply don't have the appetite for another project, but may be interested in some accessible and spiritually nourishing resources, we continue to offer parishes Lockdown Light—a weekly series seeking to bring 'light' to this time of lockdown.

Each week, we'll send a few suggestions of resources parishioners can dip into to inspire them during lockdown in the form of parish bulletin notices. Each notice will be provided both in a text-only format and as an image that can be copied and pasted into bulletins.

We hope this small offering will be something to help unite and nourish parishioners, reminding them that while we remain physically separated, we are united through a God who is always present and close to us—especially during difficult times.

Bulletin notice (Week six)

Download a [bulletin notice image here](#) or copy and paste the text below.

Lockdown Light—week six

A weekly series bringing 'light' to this time of lockdown ...

Well and truly done with sourdough starters? Not interested in another DIY project? To help fill the void during lockdown, each week we'll suggest some inspiring content to bring 'light' to this difficult time. Pop on the kettle and check out the recommendations below.

Podcasts for Christian living: The irreplaceable role of parents

The role of parents cannot be underestimated. And while parents have a natural role—to protect and provide—we can sometimes forget the irreplaceable role parents have in the spiritual and emotional lives of their children. Find out more here www.bit.ly/ChristianLiving6a

Getting to know your Bible: Understanding Mary in the Bible

Getting Started: Why do Catholics call Mary their mother? Isn't that taking away some of the respect due to Jesus and giving it to Mary? On the contrary, in this video, Fr Mike Schmitz discusses how a relationship with Mary can strengthen our faith life. Watch at www.bit.ly/BibleGettingStarted6

Going Deeper: How are Mary and the Ark of the Covenant from Exodus connected? What relevance does that have today? In this video, Dr Brant Pitre explores Mary's role as the new Ark of the Covenant—the dwelling place of the Lord on earth. View here www.bit.ly/BibleGoingDeeper6

Bulletin notice (Weekly series)

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Lockdown Light—a weekly series

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